



EBJ Knowledge Organiser PSHE & RHE Year 3

Autumn 1 Families and Relationships



Learning objectives

In this unit, children will learn about different types of families and friendships, how to keep themselves safe from bullying and how to communicate and listen well.

- Understand that families are all different.
- Know that families offer each other support but sometimes they can experience problems.
- Understand that problems occur in friendships and that violence is never right.
- Understand what bullying is and what to do if it happens.
- Describe what a good listener is and know how to show that they are listening.
- Say who they trust and why.
- Understand that people can have similarities and differences and explain how differences can be a positive thing.
- Understand how toys can reinforce gender stereotypes.
- Understand that stereotypes arise from a range of factors, including some of those associated with age.

Stereotypes

There are similarities and differences between people.



Stereotypes can have a negative impact as they can make people think they cannot do certain things.

Key facts

Families help each other in different ways. Families sometimes experience problems and if they can't solve these themselves, there are other people who can help.

Friendships have ups and down, but these can be overcome. Violence is not an answer to friendship problems.

Bullying can be physical or emotional and is repeated. Bullying can happen online as well as face to face.

People can communicate. In ways other than talking.



Listening is as important as talking for good communication.



Trust is an important part of a relationship and we trust different people for different things.



Read all about it! Can you find these books in your local library?



Key Vocabulary

Bullying, communicate, empathy, open questions, similar, solve, stereotype, sympathy, trust.



Getting help

Talk to an adult you trust either at school or at home.

Contact: Childline
www.childline.org | 0800 1111
Calls DO NOT show on the phone bill

